

Discover. Play. Celebrate.

Your guide to programs and events in the Town of Garner. Fall 2017-Winter 2018



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And More!

GARNER
A Great Place to Be
Parks, Recreation & Cultural Resources



Discover. Play. Celebrate.

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On the Cover

Showcase of Talent performance at the Garner Performing Arts Center. Learn more about this opportunity on page 11!



This brochure contains the full list of programs that were scheduled at the time of printing. For the most up-to-date programming, visit GarnerNC.gov.

INTRODUCTION

Welcome from the Director

Welcome to the redesigned Town of Garner Parks, Recreation and Cultural Resources' bi-yearly brochure. In addition to color photographs, you will notice our programs are grouped by participant age. We think this will make it easier for you and your family to discover all the interesting and exciting programs, events and entertainment happening in Garner. We hope you will utilize many of our award-winning parks and programs to maintain and increase healthy lifestyle opportunities.


As you look around town, you will also notice some exciting projects in our parks and recreational facilities thanks to the bond referendum. In the spring, our athletic partners began serving from new concessions stands at South Garner Park and Garner Recreational Park, and all visitors to both parks can take advantage of the new restroom facilities. Fencing improvements at South Garner Park provide a safer environment for spectators. In 2015, the North Garner Dog Park opened in Garner Recreational Park, and a second dog park is now open in Lake Benson Park, providing our furry friends another place to play. In 2017, a new picnic shelter was added to Garner Recreational Park which seats 75 people. The shelter is another great addition to park amenities located in our North Garner area, creating a great outdoor space for receptions and celebrations given its close proximity to the Senior Center multi-purpose room, with seating to accommodate 150 people for indoor celebrations and events. Finally, you will continue seeing signs of construction and growth on Main Street. The new recreation center project is still under construction. This nearly 40,000-square-foot facility will feature three high school sized basketball courts, an elevated walking track and a multipurpose space for fitness, youth programming and arts and craft classes. When finished in Summer 2018, it will be the largest capital project the Town has completed.

I am very proud of our programs, facilities and special events, as well as the level of dedication each staff person (including those in Public Works and the Police Department) exhibits while working to successfully maintain the aesthetics and safety of our parks. We are honored to serve our citizens and will continue striving to give our very best service to patrons and visitors as we provide opportunities for you to **"Discover, Play and Celebrate."**

Sonya R. Shaw, Director
Garner Parks, Recreation and Cultural Resources

How to Use This Brochure

We have designed our program brochure to make it easy to find your favorite Parks, Recreation and Cultural Resources Department offerings. Design features include the following:

Program Name	Skillful Survival 							Denotes New Programs
	Learn how to build a simple shelter, make a water filter, find fresh water, navigate with a compass and more outdoor safety tips. Please dress for exploring and wear closed-toed shoes. Pre-registration is required.							Program Description
Minimum & Maximum Number of Participants	Min: 4 Max: 12							
Participant Age(s)	AGES 10-14	DATE Oct 14	DAY Sat	TIME 9-10:30am	SITE WDP	RES \$8	NON-RES \$10	
Date(s) Scheduled								Non- Resident Fee
Day(s) of Week Scheduled								Town Resident Fee
Start & End Time								Program Meeting Place

Stay Updated

Text 22828 to subscribe to the eClub. Monthly emails with upcoming programs and events are sent to eClub members.

LEADERSHIP TEAMS

Town Management

Town Council

Ronnie Williams, Mayor
Kathy Behringer, Mayor Pro Tem
Jackie Johns
Buck Kennedy
Ken Marshburn
Gra Singleton

Town Administration

Rodney Dickerson, Town Manager
John Hodges, Assistant Town Manager
Matt Roylance, Assistant Town Manager

PRCR Executive Team



Sonya Shaw
Director



Rob Smith
Assistant Director



Jack Baldwin
Recreation Center and
Programs Manager



Torrey Blackmar
Recreation Center and
Programs Manager



Debbie Dunn
Cultural Arts and
Events Manager



Katie Spencer
Outdoor Education and
Parks Manager



Nancy Hulbert
Recreation and
Programs Assistant
Manager



Jon Shearin
Theater and Marketing
Supervisor



Marcelle Williams
Athletics Program
Supervisor

Advisory Committees

Citizen participation is essential to our success. Our Advisory Committees meet regularly to discuss policies and other issues that affect our programs, facilities and events. If you would like to get involved with an advisory council, contact Stella Gibson, Town Clerk, at 919.773.4406 or sgibson@garnernc.gov.

Parks, Recreation and Cultural Resources Advisory Committee

Lisa Sullivan, Chair
Robert Deaton, Vice Chair
Beverly Adams
Althea Boone
Ernestine Durham
Chris O'Connor
Elmo Vance
Byron Wade
Ken Marshburn, Council Liaison
Darlene Duncan, Sr. Citizens Advisory Com. Liaison

Senior Citizens Advisory Committee

Troy Ellis, Chair
Norma Montgomery, Vice Chair
Nancy Cope
Darlene Duncan
Marilyn Grotheer
Herbertina Johnson
Frances Liles
Charlie Pearce
Candes Smith
Jackie Johns, Council Liaison

Veterans Advisory Committee

Jeff Hicks, Chair
Donald Searles, Vice Chair
Spencer Cardwell
Bob Carter
Terry Chatfield
Keith Darlington
Willis McKoy
Richard Ripley
Charles Scott
Mayor Ronnie Williams, Council Liaison

STAFF DIRECTORY

Administration

209 East Garner Road, Garner, NC 27529

Sonya Shaw, Director

Rob Smith, Assistant Director

919.773.4442

919.773.4438

sshaw@garnernc.gov

rsmith@garnernc.gov

Avery Street Recreation Center - Youth and Athletics

125 Avery Street, Garner, NC 27529

Jack Baldwin, Recreation Center and Programs Manager

Victor Davis, Recreation Activities Specialist

Sara Shaw, Recreation Program Specialist

Marcelle Williams, Athletics Program Supervisor

Program Activity Hotline

919.890.7301

919.661.6987

919.662.5051

919.773.4457

919.662.5043

jbaldwin@garnernc.gov

vdavis@garnernc.gov

scshaw@garnernc.gov

mwilliams@garnernc.gov

Garner Performing Arts Center - Cultural Arts and Events

742 West Garner Road, Garner, NC 27529

Debbie Dunn, Cultural Arts and Events Manager

Jon Shearin, Theater and Marketing Supervisor

Megan Thornton, Marketing Coordinator

Brittany Washington, Events Coordinator

Box Office, Mon.-Fri. 1:30-5pm

919.661.6972

919.661.6988

919.661.6985

919.773.4441

919.661.4602

ddunn@garnernc.gov

jshearin@garnernc.gov

mthornton@garnernc.gov

bwashington@garnernc.gov

gpacboxoffice@garnernc.gov

Garner Senior Center - Adult and Senior

205 East Garner Road, Garner, NC 27529

Torrey Blackmar, Recreation Center and Programs Manager

Nancy Hulbert, Recreation and Programs Assistant Manager

Front Desk

919.661.6890

919.661.6893

919.779.0122

tblackmar@garnernc.gov

nhulbert@garnernc.gov

White Deer Park Nature Center - Outdoor and Adventure

2400 Aversboro Road, Garner, NC 27529

Katie Spencer, Outdoor Education and Parks Manager

Environmental Educators' Office

Front Desk

919.661.6892

919.773.4435

919.661.6982

kspencer@garnernc.gov

wdpeducation@garnernc.gov

Mission

To enrich the quality of life in Garner by offering a diverse system of parks, recreational facilities, programs and cultural resources.

Vision

Helping Garner maintain its high quality of life and service delivery to its citizens and visitors through the following core values:

Core Values

Leadership - Fostering a climate of creativity that develops high-potential talent and embraces innovation, cutting-edge ideals and accountability for making decisions and recommendations.

Efficiency - Ensuring that programs and services are provided efficiently and effectively, while matching community needs.

Diversity - Recognizing the changing demographics of the community and celebrating the unique qualities, characteristics and experiences.

Stewardship - Maintaining aesthetically pleasing parks and facilities.

POLICIES

Registration Deadlines

Preschool, Youth and Family Programming

Seven calendar days prior to the start of the program

Summer Camps

The Thursday prior to the Monday of camp

Athletic Leagues

The night of the advertised league meeting

Adult and Senior Programming

Five calendar days prior to the start of the program

Picnic Shelters

5pm on the Wednesday prior to the weekend of the rental

Refund Policy

For all programs, classes and athletic leagues a 100% refund will be issued if the program is cancelled by the department.

Classes and Programs

All refund requests received at least seven days prior to the program start date are entitled to a refund. A \$5 *refund fee* will be charged.

Athletic Leagues

All refund requests received prior to the player evaluations or team meetings are entitled to a refund. A \$5 *refund fee* will be charged.

Picnic Shelters

No refunds will be given for inclement weather or cancellations less than 12 days prior to the reserved date. A \$5 *refund fee* will be charged for all cancellations made prior to the deadline.

No refunds will be issued for requests received after the registration deadline or for programs \$5 and under.

In special circumstances, fees may be transferred to another Parks, Recreation and Cultural Resources Department program. Ask a department representative to determine if this option is available.

Medical hardship-based refunds will be evaluated on a case-by-case basis by Parks, Recreation and Cultural Resources staff.

A \$25 service fee will be charged for all returned checks.

Fee Policy

Throughout this guide you will notice many programs have different fees for Town of Garner residents (RES) and non-residents (NON-RES). The Parks, Recreation and Cultural Resources Department is an agency of the Town of Garner and receives municipal tax revenue paid by residents living inside the corporate limits of the Town. Those who live outside the corporate limits are charged a higher rate for participation in programs because they do not pay Town taxes. Participants must live inside the corporate limits of Garner at the time of registration to receive the resident rate.

Non-Discrimination Policy

Garner Parks, Recreation and Cultural Resources is committed to providing inclusive programming and events for all residents of Garner and its surrounding areas regardless of income, cultural background, mental or physical barriers, age or gender. In order for individuals with disabilities to participate as fully as possible, reasonable modifications will be provided in accordance with the Americans with Disabilities Act. Please alert the appropriate program supervisor prior to your arrival at an event or program if you or someone in your family requires modifications.

Inclement Weather Policy

During inclement weather that creates dangerous or hazardous conditions, the Parks, Recreation and Cultural Resources Department will post program and park updates on its website (GarnerNC.gov - select the Parks, Recreation and Cultural Resources page), Facebook, Twitter and on the program activity hotline (919.662.5043). Participants may also contact individual facilities to check on current status.

The department does not necessarily follow the closing schedules of area schools.

The department will work with rental groups on a case-by-case basis but reserves the right to cancel a rental reservation if the facility cannot be safely accessed.

In all cases, participants are requested not to participate in any recreational activity that they consider unsafe for any reason, including weather.

SPECIAL EVENTS



Big Sweep/Litter Sweep

White Deer Park

Saturday, September 16 9-11am

Help keep Garner clean and green! Volunteers are invited to help remove litter from our roadways and streams and complete simple landscaping projects in our parks. Participants are encouraged to sign up online, but walk-ups are welcome. This is a great way for individuals, families and groups to get engaged with the community!

Carnaval Latino

Garner Performing Arts Center Back Lawn

Sunday, September 17 1-5pm

Celebrate our community's diversity at the 5th annual Carnaval Latino! Experience traditional and contemporary Latino culture through food, music and dance. Activities will include live music, children's craft booths, face painting and a piñata giveaway. Experience Latin foods while browsing tents from local artists and businesses reflecting our Greater Garner area Latino residents.



Pop Up Market

Garner Recreational Park

Last Saturday, September-November

Join us for a monthly Pop Up Market in Downtown Garner. More than 30 local vendors bring unique artisan goods, handmade crafts and homemade baked goods the last Saturday of every month (10am-2pm). Shop small while supporting your community and grab lunch at a food truck while you're here. This event is free and open to the public. The Pop Up Markets are sponsored by the Town of Garner and the Garner Revitalization Association.

All Town of Garner special events are family-friendly and fun!
Please help us keep our events safe for everyone by leaving any
alcohol, weapons, drones and pets at home.



Outdoor Movie Night: Ghostbusters (PG-13)

Garner Performing Arts Center Back Lawn

Thursday, October 5 7-10:30pm

The perfect way to kick-off October is by watching Ghostbusters under the stars. In the movie, after being kicked out of their university, parapsychology professors decide to go into business for themselves by trapping and removing ghosts from haunted houses. Food trucks and craft beer vendors will be on site selling food and beverages. Movie begins at dusk.

Trick-or-Eat Food Truck Rodeo

Main Street, Downtown Garner

Sunday, October 22 12-5pm

Some of Wake County's best food trucks and craft beer vendors will be available at the 4th annual Trick-or-Eat Food Truck Rodeo. Local musicians will provide music and entertainment throughout the event. For more information, including a list of vendors, visit DowntownGarner.com.



Trick-or-Treat the Trails

White Deer Park

Tuesday, October 31 3-6pm

Businesses, civic groups and other community organizations will be set up along White Deer Park's one-mile loop trail passing out treats. Organizations participating in the Teal Pumpkin Project (non-candy treats) will be indicated by signage. An adult must accompany children at all times.



Veterans Day Observance

Aversboro Road Baptist Church

Saturday, November 11 11am-12pm

Celebrate the men and women who serve our country in the armed forces. This event features recognition of veterans, patriotic music and a keynote address by Colonel (Ret.) Baron G. Hignite. A mini-concert featuring patriotic music played by Garner Magnet High School band students will be offered at 10:30am.

Light Up Main

Main Street, Downtown Garner

Friday, December 1 6-8pm

Head to Downtown Garner for the Town's annual tree lighting. Kids' crafts, local talent and a visit from the man in red himself round out this family-friendly evening and kickoff to the holiday season.



Christmas Parade

Garner Road and Main Street, Downtown Garner

Saturday, December 2 2pm

Grab a front-row seat to see dance troupes, marching bands, Santa on his sleigh and other fun floats as they travel through Downtown Garner. If your group is interested in participating in the parade, visit GarnerNC.gov to download registration information.

All Town of Garner special events are family-friendly and fun!
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alcohol, weapons, drones and pets at home.



Groundhog Day

White Deer Park

Friday, February 2 10am-12:15pm

Festivities at this fun, educational event include games, crafts and hands-on interaction with live animals. Meet McGruff the Crime Dog, Smokey Bear and the Chick-fil-A cow. Snerd the Groundhog will share his prediction with Mayor Ronnie Williams at 12pm sharp.

Black History Month Celebration

Garner Senior Center

Wednesday, February 7 10-11am

Join us at the Garner Senior Center for Mayor Ronnie William's proclamation and special entertainment from the world-renowned gospel group The Branchettes, along with Michael Spivey and a dance performance by "The Gifted Arts."



Spring Eggstravaganza

Lake Benson Park

Saturday, March 24 10am-12:30pm

This free family event features entertainment, games, crafts, food vendors and plenty of candy for all. Be sure to bring your camera to get a picture with the Easter Bunny!

***Note - Egg Hunts** will begin promptly at the listed times.

10:30am: 2 & under

11am: 3-5 yrs old

11:30am: 6-8 yrs old

12pm: 9-12 yrs old

Join Club L'Ecole

Membership in Club L'Ecole includes your name listed in the playbill as an arts supporter, invitation to members-only social gatherings and preferred seating at select shows. Your donation also helps keep tickets affordable for all members of our community, including those who might not otherwise experience the joy of theater. For more information, visit GarnerPerformingArtsCenter.com.



Art Gallery Exhibits

The Garner Performing Arts Center is host to more than just performances, it's also home to a rotating gallery for visual artists. Featuring local and regional artists, the gallery is free and open to the public Monday thru Friday 1:30-5pm and during all performances.

DATES	ARTIST	SITE
Oct 16 - Nov 30	Tish McDermott	GPAC
Dec 1 - Jan 15	Capital City Camera Club	GPAC
Jan 16 - Feb 28	Life in the South Exhibit	GPAC
Mar 1 - Apr 15	Nora Phillips	GPAC

Over the River and Through the Woods

Presented by the Towne Players of Garner

Nick is a single, Italian-American guy from New Jersey. His parents have retired and moved to Florida. That doesn't mean his family isn't still in Jersey. In fact, he sees both sets of his grandparents every Sunday for dinner. This is routine until he has to tell them that he's been offered a dream job. The job he's been waiting for-marketing executive-would take him away from his beloved, but annoying, grandparents. He tells them. The news doesn't sit so well. Thus begins a series of schemes to keep Nick around. How could he betray his family's love to move to Seattle, for a job, wonder his grandparents?

AGES	DATE	DAY	TIME	SITE	TICKETS
All	Oct 20	Fri	8pm	GPAC	\$15
All	Oct 21	Sat	2pm	GPAC	\$12
All	Oct 21	Sat	8pm	GPAC	\$15
All	Oct 27	Fri	8pm	GPAC	\$15
All	Oct 28	Sat	2pm	GPAC	\$12

Miss Garner Pageant

The Miss Garner Scholarship Pageant is the longest continuous running pageant in North Carolina. This will be our 59th year and we would like to extend an invitation to the Garner community to come out and watch the 2018 Miss Garner and Miss Garner's Outstanding Teen crowned. For tickets contact Harold Garner at hrgarner@hotmail.com or 919.349.8559.

AGES	DATE	DAY	TIME	SITE	TICKETS
All	Nov 4	Sat	7pm	GPAC	\$10

Garner Showcase of Talent Auditions

Pre-registration is required and you MUST be a resident of Garner or affiliated with a Garner church, business or other Garner organization. For more information visit GarnerPerformingArtsCenter.com or call 919.661.4602.


AGES	DATE	DAY	TIME	SITE	TICKETS
All	Nov 8	Wed	5pm	GPAC	FREE

Garner Showcase of Talent

The Garner Showcase of Talent is a yearly show featuring the Town's most talented residents. For the eleventh year, Garner singers, dancers, instrumentalists and more will take the stage to entertain you. A second show has been added due to the popularity of the event, so come early to get a good seat. Club L'Ecole members will receive priority seating.

AGES	DATE	DAY	TIME	SITE	TICKETS
All	Feb 24	Sat	2pm	GPAC	FREE
All	Feb 24	Sat	7pm	GPAC	FREE


2017-2018 SEASON
Featuring the Stars of Broadway's Top Musicals




BROADWAY
Voices

David Burnham
In Concert
Wicked, Light in the Piazza, Joseph and the Amazing Technicolor Dreamcoat

Broadway Christmas
NOV. 18, 2017 7:30 pm



 **GARNER PERFORMING ARTS CENTER**
GarnerPerformingArtsCenter.com
Presented in partnership with the
Garner Chamber of Commerce

TICKETS ON SALE AT
GarnerPerformingArtsCenter.com and
at the Garner Chamber of Commerce

PRESCHOOL PROGRAMS

PRESCHOOL SITE KEY

Annex	Avery Street Recreation Center Annex
ASRC	Avery Street Recreation Center
GPAC	Garner Performing Arts Center
RMP	Rand Mill Park
WDPNC	White Deer Park Nature Center

RES	Resident Rate
NON-RES	Non-Resident Rate

Unless otherwise indicated, parents are expected to stay at preschool programs and in most cases are encouraged to join in the fun!

ART

Messy Monsters

Participants will get messy making Halloween themed crafts.
Min: 6 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Oct 24	Tue	6-7pm	Annex	\$6	\$8

Family Ornament Making

Kick off the holiday season by making ornaments to celebrate. Each family member can choose from a selection of ornaments to create. Registration is per family. Min: 6 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-13	Dec 5	Tue	6-7pm	Annex	\$12	\$15

ATHLETICS

Preschool Basketball

Learn the fundamental skills of basketball and the importance of having fun in this introduction to the sport. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
4-5	Sep 27-Oct 4	Wed	5:30-6:15pm	ASRC	\$15	\$20

Mini Hoopsters

This instructional basketball league provides a true team experience. Each child will have the opportunity to participate in five practices and three games with his/her teammates and coaches. It is recommended that children participate in Preschool Basketball first and/or have basic dribbling skills. **A required league meeting will be held at Avery Street Recreation Center on Wednesday, October 18 at 5:30pm.**

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
4-5	Nov 1-Dec 20	Wed	5:30-6:30pm	ASRC	\$35	\$45

Preschool Floor Hockey

Motor skills and participation are the focus in this introduction to the sport of floor hockey. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
4-5	Feb 7-Feb 21	Wed	5:30-6:15pm	ASRC	\$15	\$20



Preschool Soccer

Learn the basic skills of soccer like dribbling, shooting and passing a soccer ball. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
4-5	Feb 28-Mar 14	Wed	5:30-6:15pm	ASRC	\$15	\$20



Mini Heisman

Children will learn throwing, catching, running and flag pulling. Play-running and defense will be emphasized by coaches each week. **No tackling or cleats will be permitted. A required parent meeting will take place on Thursday, March 15 at 6:15pm.**

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
4-5	Mar 17-May 5	Sat	9:30-10:30am	RMP	\$35	\$45

Mini Kickers

In this soccer league, preschoolers will develop basic skills. Their coaches will teach them how to dribble, pass and shoot, as well as the difference between offense and defense. **A required league meeting will be held at Avery Street Recreation Center on Wednesday, March 21 at 5:30pm.** All children will be required to wear shin guards. Cleats are not allowed.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
4-5	Apr 4-May 23	Wed	5:30-6:30pm	RMP	\$35	\$45

CAMPS

Ninja Camp

Children will get to show off their inner ninja skills in this fun hands-on camp. Participants will complete fitness exercises, obstacle courses and more. Min: 6 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
4-5	Nov 7-9	Tue-Thu	9-11am	Annex	\$30	\$40

Nature Detectives Camp

Campers will help solve mysteries in the park. Use clues like animal tracks to find out who-(or what)-dunnit. Discover plants, animals and more at White Deer Park! Please dress your child for cold weather. Pre-registration is required. Min: 4 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
4-6	Jan 23-25	Tue-Thu	10-11am	WDPNC	\$30	\$40

Art Camp

Cut, color and paste the day away. Children will create their own works of art using a variety of techniques and mediums. Min: 6 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
4-5	Jan 30-Feb 1	Tue-Thu	9-11am	Annex	\$30	\$40

Lego Camp

Children will become engineers and create their own Lego creations. Participants will be given new age-appropriate challenges each day. Min: 6 Max: 12

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
4-5	Feb 27-Mar 1	Tue-Thu	9-11am	Annex	\$30	\$40

SCIENCE & NATURE

Weird Science

We have some fun (and safe) experiments planned to teach the wonders of science at an early age. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Sep 21	Thu	10-11am	WDPNC	\$6	\$8

Hoo Comes Out at Night?

Learn about owls, raccoons and other local nocturnal animals. Find out where they hide during the day and make a fun craft to take home. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Oct 12	Thu	10-11am	WDPNC	\$6	\$8

Autumn Adventures

The fall leaves are reaching their peak! Learn why trees lose their leaves in the fall and explore the different kinds and colors of foliage in the park. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Nov 9	Thu	10-11am	WDPNC	\$6	\$8

Animal Armor

We'll look at the many ways that animals protect themselves. See turtle shells, snake scales and other animal armor up close! Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Dec 5	Tue	10-11am	WDPNC	\$6	\$8

Winter Wildlife

Ever wonder how your favorite animals survive the cold winter weather? We'll talk about hibernation and animals that can still be found during the winter. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Jan 11	Thu	10-11am	WDPNC	\$6	\$8

Critter Courtship

Animals attract their mates in several different ways, like showing off bright colors, building nests and even dancing! We'll explore (in an age-appropriate way) some of these methods. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Feb 8	Thu	10-11am	WDPNC	\$6	\$8

Animal Babies

Find out how different animals raise their young in the wild and learn the differences and similarities between animal parents and their babies. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Mar 8	Thu	10-11am	WDPNC	\$6	\$8

SPECIALTY

Turkey Chase

Tom the Turkey is on the loose! Come help us follow the clues and track him down. Min: 6 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Nov 14	Tue	6-7pm	Annex	\$6	\$8

Christmas Doll Tea Party

Participants are invited to bring their favorite doll out for a festive Christmas tea party. We will make Christmas-inspired jewelry for the participants and their dolls, and enjoy light refreshments. Min: 6 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-10	Dec 9	Sat	10-11:30am	Annex	\$10	\$12

Brunch with Santa

Get your Christmas list ready and come have brunch with Santa. Join us for pancakes, a holiday craft and pictures with the big man himself! Min: 10 Max: 25

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Dec 12	Tue	9:30-10:30am	GPAC	\$9	\$12

Be Mine

Play Valentine's games and make crafts to give to someone special. Min: 6 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Feb 6	Tue	6-7pm	Annex	\$6	\$8

Leprechaun Loot

The leprechaun has run away with all the gold treasure. Help us follow the clues to find where the treasure is hidden. Min: 6 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
3-5	Mar 13	Tue	6-7pm	Annex	\$6	\$8



Brunch with the Bunny

Look who's coming down the bunny trail...it's Peter Cotton tail! Join us for pancakes, an Easter craft and pictures with the bunny! Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
2-5	Mar 28	Wed	10-11am	Annex	\$8	\$10
2-5	Mar 28	Wed	6-7pm	Annex	\$8	\$10

YOUTH PROGRAMS

ATHLETICS

Weekday Open Gym

This free program is offered to all youth actively attending a Wake County school. Children can play basketball or participate in other activities. Avery Street Recreation Center offers students a safe, supervised environment which gives children the opportunity to play or hang out with friends. A parent/guardian must register their child in person at the Avery Street Recreation Center. Students ages 15 & up must provide proof of enrollment at an area high school.

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
6-17	Sep-Mar	Mon-Fri	3-5:30pm	ASRC	FREE	FREE

5-7 Basketball

The goal of this league is to have fun and learn the fundamentals of basketball. We will emphasize skill development and participation. Games will be limited and the score is not kept. **Player evaluations will be held on Monday, November 27 at 6:15pm.**

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
5-7	Dec-Mar	Sat	9am-12pm	ASRC	\$55	\$72

Calling all coaches!



Volunteer coaches are vital to the success of our basketball leagues.

Approved applicants are tasked with planning and leading practices, maintaining communication with players and parents and following league rules.

As a token of our appreciation, coaches will receive a team shirt, and the registration fee of one child will be waived. Coaches are required to attend a free training to receive a certification through the National Youth Sports Coaches Association on November 18 at 10am.

For more information and an application, contact Marcelle Williams at 919.773.4457 or mwilliams@garnernc.gov.

YOUTH SITE KEY

Annex	Avery Street Recreation Center Annex
ASRC	Avery Street Recreation Center
EGMS	East Garner Middle School
WDP	White Deer Park
WDPNC	White Deer Park Nature Center

RES = Resident Rate

NON-RES = Non-Resident Rate



Youth basketball leagues are co-recreational with the exception of the Youth Girls Basketball League. Each league involves two or three commitments per week. Exact schedules will not be made until registration is complete and the number of teams in each league is known. Team additions or refunds will not be given after player evaluations. League assignments are based on the player's age as of December 1, 2017.

14-17 Basketball

This basketball league is designed for boys and girls ages 14-17 who want to continue playing basketball in a recreational setting. **Player evaluations will be held on Monday, November 27 at 7:30pm.**

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
14-17	Dec-Mar	Sat	1-3pm	ASRC	\$60	\$79

Girls Volleyball League

This winter league offers a chance to play during the off season. Players interested in the league will have combined practices on November 20 & 21, assisted by volunteer coaches teaching each player the fundamentals of serving, passing and setting. **Player evaluations will be held on Tuesday, November 28 at 6:15pm for ages 8-11 and at 7:15pm for ages 12-17 at Avery Street Recreation Center.** A single elimination tournament will be held at the end of the season.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
8-17	Dec-Mar	Sat	9am-12pm	ASRC & EGMS	\$70	\$85



Youth Girls Basketball League (YGBL)

The goal of this league is to encourage female youth basketball players to play, learn and appreciate the game of basketball while having fun with their friends in a safe and supportive environment. The league will emphasize skill development and participation. **Player evaluations will be held on Monday, December 4 at 6:15pm for ages 8-10 and 7:15pm for ages 11-13.**

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
8-13	Dec-Mar	Sat	12-3pm	ASRC	\$55	\$72

Weekend Open Gym

Stop by Avery Street Recreation Center on Saturday afternoons to participate in pick-up basketball games. Pre-registration is required.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
6-17	Apr 7-May 26	Sat	2-4pm	ASRC	FREE	FREE
18 & Up	Apr 7-May 26	Sat	11am-1pm	ASRC	\$2	\$3

SCHOOL'S OUT OPTIONS

School's Out Days

Looking for something fun to do when school is out for the day? Join the Avery Street Staff to play games, visit parks, and make crafts. Campers will need to provide their own lunch and snack.

Min: 8 Max: 24

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
5-14	Sep 21	Thu	7:30am-6pm	ASRC	\$20	\$25
5-14	Oct 31	Tue	7:30am-6pm	ASRC	\$20	\$25
5-14	Nov 22	Wed	7:30am-6pm	ASRC	\$20	\$25
5-14	Jan 22	Mon	7:30am-6pm	ASRC	\$20	\$25
5-14	Feb 19	Mon	7:30am-6pm	ASRC	\$20	\$25
5-14	Mar 29	Thu	7:30am-6pm	ASRC	\$20	\$25

Winter Break Camp

Spend your Winter Break at Avery Street Recreation Center. We will go on scavenger hunts, play games, make crafts, and spend time at the park. Campers will need to bring their own lunch and snack.

Fee is for the 3-day session. Min: 8 Max: 24

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
5-14	Dec 22, 28 & 29	Fri, Thu, Fri	7:30am-6pm	ASRC	\$50	\$65

Spring Break Camp

Spend your Spring Break at Avery Street Recreation Center. We will go on scavenger hunts, play games, make crafts, and spend time at the park. Campers will need to bring their own lunch and snack. Fee is for the whole week. Min: 8 Max: 24

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
5-14	Apr 2-6	Mon-Fri	7:30am-6pm	ASRC	\$75	\$100

SCIENCE & NATURE

Night Hike

Explore White Deer Park at night on this guided hike. Please dress for the weather and bring a flashlight. Pre-registration is required. Fee is per child. (Parents do not need to pay to attend.) Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Sep 29	Fri	7:30-8:30pm	WDP	\$6	\$8

Discovery Days

White Deer Park's signature program features hands-on learning through experiments, crafts and other activities. Each month offers a different theme that kids and parents can learn about together. This is a self-paced drop-in program. Pre-registration is not required.

Nocturnal by Nature

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Oct 5	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	Oct 5	Thu	3-5pm	WDPNC	FREE	FREE

Leaves Abound

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Nov 2	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	Nov 2	Thu	3-5pm	WDPNC	FREE	FREE

Wildlife Warriors

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Dec 7	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	Dec 7	Thu	3-5pm	WDPNC	FREE	FREE

Wonderful Winter

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Jan 4	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	Jan 4	Thu	3-5pm	WDPNC	FREE	FREE

Animals and Their Valentines

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Feb 1	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	Feb 1	Thu	3-5pm	WDPNC	FREE	FREE

Adorable Offspring

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Mar 1	Thu	10am-12pm	WDPNC	FREE	FREE
6-12	Mar 1	Thu	3-5pm	WDPNC	FREE	FREE

Skillful Survival



Learn how to build a simple shelter, make a water filter, find fresh water, navigate with a compass and more outdoor safety tips. Please dress for exploring and wear closed-toed shoes. Pre-registration is required.

Min: 4 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
10-14	Oct 14	Sat	9-10:30am	WDP	\$8	\$10

Creepy Critters

Worms and spiders and snakes, oh my! Head outdoors with a park educator and explore popular creepy critters in the park. Please dress for exploring and wear closed-toed shoes. Pre-registration is required.

Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Oct 19	Thu	10-11am	WDP	\$5	\$7

Animal Folklore and Myth

We'll talk about animal folklore from North Carolina and beyond and dispel common myths. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
9-13	Oct 26	Thu	6-7pm	WDPNC	\$5	\$7

NC Hunter Education

This 6-hour course is required for all first-time hunting license buyers in North Carolina. For more information, including how to register, call NC Wildlife at 919.707.0031 or visit them online at www.ncwildlife.org.

AGES	DATES	DAYS	TIME	SITE	FEE
12 & Up	Nov 13 & 14	Mon & Tue	6-9pm	WDPNC	Contact NC Wildlife

Fall Foraging

Hike through the woods in search of your favorite fall treasures. Please dress for exploring and wear closed-toed shoes. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Nov 16	Thu	10-11am	WDP	\$5	\$7

Wake Up at White Deer

Spend a night under the stars at White Deer Park! You will love the fun family activities we have planned. New to camping? No problem! Our flat campsites and nearby indoor restrooms are perfect for first-time campers. Families must provide their own camping gear. Dinner and breakfast are provided. Pre-registration is required. Fee is per family; only one adult needs to register. Min: 10 families Max: 15 families

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
Family	Nov 17-18	Fri-Sat	6pm-10am	WDP	\$24	\$30

The Social Life of Trees

Explore trees' relationships with their ecosystem, including the fungi, birds, animals and humans around them. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
9-13	Nov 30	Thu	6-7pm	WDPNC	\$5	\$7



How Prey Gets Away

How do small animals and insects manage to escape from their predators? Learn about the camouflage, mimicry and physical adaptations that keep predators at bay. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
9-13	Dec 12	Tue	6-7pm	WDP	\$5	\$7

Let the Games Begin!

Join us for outdoor games and activities that explore how animals compete for resources in the wild. Learn about what different animals need to survive and how populations affect each other. Please dress for exploring and wear closed-toed shoes. Pre-registration is required.

Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Dec 14	Thu	10-11am	WDP	\$5	\$7

Wonders of Winter

Are you ready for a winter adventure? On this winter hike, we will look for hibernating bugs and collect winter treasures. We will also craft nature ornaments for your backyard critters. Please dress for exploring and wear closed-toed shoes. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
9-13	Jan 18	Thu	10-11am	WDP	\$5	\$7



Wild Winter and White Deer

What do your favorite animals do in the winter? Are they migrating, hibernating or looking for mates? Pre-registration is required.

Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
9-13	Jan 25	Thu	6-7pm	WDPNC	\$5	\$7

Matching Mates

Love is in the air! Talk about cool critters and explore how they find their sweethearts. Please dress for exploring and wear closed-toed shoes.

Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Feb 15	Thu	10-11am	WDP	\$5	\$7

Animal Husbandry

This very important branch of agriculture focuses on the care and breeding of domestic animals like cattle and hogs. Hear from professionals in the field. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
9-13	Feb 22	Thu	6-7pm	WDPNC	\$5	\$7

Looking at Larvae

Learn about the children of the insect world! We'll explore insect lifecycles through activities and a hike in the park. Please dress for exploring and wear closed-toed shoes. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
6-12	Mar 15	Thu	10-11am	WDP	\$5	\$7

Nature for All Your Needs

We'll teach you surprising uses for common native plants, everything from medicine to toothbrushes! Learn about the history of their use by native North Carolina groups. Please dress for exploring and wear closed-toed shoes. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
9-13	Mar 17	Sat	9-10:30am	WDP	\$8	\$10

Frogs and Polliwogs

We'll explore the life cycle of frogs and search for evidence of tadpoles in the stream behind the Nature Center. Please dress for exploring and wear closed-toed shoes. Pre-registration is required. Min: 5 Max: 12

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
9-13	Mar 22	Thu	6-7pm	WDPNC	\$5	\$7

SPECIALTY

Youth Leadership Council

Participants will meet bi-monthly to develop leadership skills, learn life skills, volunteer in their community and discuss other important topics. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
10-15	Monthly	1st & 3rd Wed	4-5:30pm	ASRC	\$20	\$25

Mother-Son Night Out

Moms and sons will enjoy a night out together completing obstacle courses, games, and competing for prizes. Min: 8 Max: 24

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
4-11	Oct 14	Sat	5-7pm	ASRC	\$10	\$13

Adult CPR/AED/First Aid

Taught using National Safety Council guidelines, this comprehensive course teaches students how to recognize and care for cardiac emergencies as well as how to provide basic first aid treatment for bleeding, burns, sudden illness and more. Participants who successfully complete the course will receive a 2-year certification in Adult CPR/AED and a 3-year certification in First Aid. All training equipment is provided. Participants should bring lunch. Pre-registration is required.

Min: 3 Max: 8

AGES	DATE	DAY	TIME	SITE	RES	NON-RES
12 & Up	Dec 9	Sat	9am-3:30pm	WDPNC	\$35	\$45

ATHLETIC PROGRAM PARTNERS

The Town partners with a variety of volunteer organizations to provide additional youth athletics opportunities. Please contact program providers directly regarding registration, fees and schedules.

Sport	Program Provider	Ages	Season	Registration Period
Baseball	GAYSL	Girls 5-14	March-June	Early February
	GAYSL	Girls 5-14	August-October	Late July
	GBI	Boys & Girls 5-18	March-June	Early February
	GBI	Boys & Girls 5-18	August-October	Mid-July
Basketball	Garner PRCR	Boys & Girls 5-17	June-Early August	Mid-April-Late May
	Garner PRCR	Boys 5-7 & 13-17 Girls 5-17	Mid-November- Early March	Mid-September- Mid-November
	Garner AAU Flames	Select Girls 8-13	Year-Round	Fall
	Garner Optimist Club	Boys 8-12	Mid-November- Late February	Late October
Cheerleading (Pop Warner)	Garner Civitan Club	Girls 5-15	August-November	Late May-June
Football (Pop Warner)	Garner Civitan Club	Boys & Girls 5-15	August-November	Mid-March
Soccer	GASA	Boys & Girls 5-17	Mid-February-Early June	October-December
	GASA	Boys & Girls 5-17	Mid-August-November	May-June
Softball (Fast-Pitch)	GAYSL	Girls 5-16	March-June	Early February
	GAYSL	Girls 5-16	August-October	Late July
Volleyball	Garner PRCR	Girls 8-17	Mid-November- Early March	Mid-September- Mid-November
Youth Open Gym	Garner PRCR	Boys & Girls 6-17	Saturdays Outside of Youth Basketball Season	N/A

Contact Information

Organization	Contact Person	Phone/Website
Garner PRCR (Garner Parks, Recreation and Cultural Resources)	Marcelle Williams	919.773.4457
Garner AAU Flames	Arne Morris	919.880.1258
Garner Civitan Club	Cheerleading: Jeralynn Castles Football: Michael Roberson	Cheerleading: 919.779.5297 Football: 919.866.9976
Garner Optimist Club	Danny Thornton	919.772.8223
GASA (Garner Area Soccer Association)	Visit Website	garnersoccer.com
GAYSL (Garner Area Youth Sports League)	Office	919.779.2499 / garnersports.com
GBI (Garner Baseball, Inc.)	Office	919.779.6911 / garnerbaseball.com

Garner Parks, Recreation and Cultural Resources Department Program Registration Form:

Household Information: ☐ Town Resident ☐ Non-Resident

Adult Participant or Parent Information:

Secondary Parent Information:

First Name

Last Name

First Name

Last Name

Address

Address

City

State

Zip Code

City

State

Zip Code

Home Phone:

Work Phone:

Home Phone:

Work Phone:

Email Address:

Relationship :

Emergency Contact:

Cell Phone:

Home Phone:

Work Phone:

Registration Information:

Payment is due at the time of registration.

Cash

Check #

Money Order

Credit Card

First Name	Last Name	Age	Sex	Birth Date	Program Name	Dates/Time	*T-Shirt Size	Fee	Account Number (For Office Use)
1									
2									
3									
4									
TOTAL:									

Address: Activity Registration, 900 Seventh Ave. Garner, NC 27529

Warning, Liability Release, Acknowledgment & Assumption of Risk:

I understand that participation in this recreation program involves risk of injury or loss of property. These risks include but are not limited to collision with other participants, being hit by ball or bat, allergic reaction, theft, tripping or falling, contact with other participants that may have infectious (communicable) diseases, physical exertion or other accidents. I further understand that before participating in this or any program, I should consult a physician for advice. By signing this form, I acknowledge all risks of loss, injury or death and affirm that I am willing to assume responsibility should loss, injury or death result from them. I also agree to follow all rules and procedures of the program and to follow reasonable instructions of the teachers and supervisors of the program. Furthermore, in return for the opportunity to participate in this program, I agree for myself, and for my heirs, assigns, executors and administrators, to waive any legal rights I may have to seek payment from the Town, its employees or its agents for bodily injury, death, or other loss resulting from this program, and to release those parties from any liability for damages resulting from the loss, injury or death. I understand that no insurance coverage is provided by the Town of Garner.

Permission to Use Image:

I grant the Town of Garner permission to use, for any legitimate reason, any photographs, motion picture or recording of my participation in this activity.

Participant Signature or Signature of Parent/Guardian if Child is Under 18:

Date:

ADULT PROGRAMS

Unless otherwise indicated, Adult programs are for adults ages 16 & up.

ADULT SITE KEY

ASRC	Avery Street Recreation Center
CRP	Creech Road Park
GSC	Garner Senior Center
GSCFA	Garner Senior Center Fitness Annex
LBB	Lake Benson Boathouse
SGP	South Garner Park
WDPNC	White Deer Park Nature Center

RES = Resident Rate

NON-RES = Non-Resident Rate



ART

Open Art Studio

Bring your painting supplies and use our space to create and share with other artists. Min: 5 Max: 100

DATES	DAY	TIME	SITE	RES	NON-RES
Oct-Mar	Thu	5-8pm	GSC	FREE	FREE

ATHLETICS

25 & Over Basketball League

This league is designed for young adults looking to maintain their basketball skills and enjoy competitive play. **A team interest meeting is scheduled for Thursday, Feb. 8 at 7pm. There will be a mandatory organizational meeting on Thursday, March 8 at 7pm.** The registration deadline is the night of the organizational meeting.

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
25 & Up	Mar-May	Tue & Thu	7pm	ASRC	\$450/team \$20/jersey	\$20/player \$20/jersey

40 & Over Basketball League

This league is designed for adults looking to stay fit and active while enjoying time with friends. **A team interest meeting is scheduled for Thursday, February 8 at 7:45pm. There will be a mandatory organizational meeting on Thursday, March 8 at 7:45pm.** The registration deadline is the night of the organizational meeting.

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
40 & Up	Mar-May	Tue & Thu	7pm	ASRC	\$450/team \$20/jersey	\$20/player \$20/jersey

Adult Advanced Basketball League (AABL)

This new league is designed for former high school, college and semi-professionals looking to play basketball at a higher level. NBA-style rules will be used, including a 30-second shot clock and no zone defense. **A team interest meeting is scheduled for Thursday, February 8 at 8:30pm. There will be a mandatory organizational meeting on Thursday, March 8 at 8:30pm.** The registration deadline is the night of the organizational meeting.

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
21 & Up	Mar-May	Sat	8:30pm	ASRC	\$550/team \$20/jersey	\$20/player \$20/jersey

Recreational Softball League

Gather friends, co-workers and church members to form a team. Fun, fellowship and equally competitive teams are the cornerstone of this USSSA league. Games will be scheduled on Tuesday and Thursday nights at Creech Road School Park. **A mandatory organizational meeting will be held on Monday, April 2 at 7pm.** Registration deadline is the night of the organizational meeting.

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
18 & Up	Apr-Jul	Tue & Thu	7pm	CRP	\$450/team	\$20/player



Men's 50 & Over/60 & Over Softball League

This is a softball league for those who still want to play competitive softball and not have to worry about keeping up with younger competition. **A mandatory organizational meeting is scheduled for Monday, April 2 at 7pm.** The registration deadline is the night of the organizational meeting.

AGES	DATES	DAYS	TIME	SITE	RES	NON-RES
50 & Up	Apr-Jul	Tue & Thu	7pm	CRP	\$450/team	\$20/player

FITNESS

It is the responsibility of the participant to consult a physician before enrolling in any fitness program.

Creative Movement

This class is designed for adults with developmental disabilities. Sessions rotate between baseball, basketball, volleyball, bowling and dancing. Participants must bring a caregiver.

DATES	DAY	TIME	SITE	RES	NON-RES
Nov 14-Dec 19	Tue	6-7pm	GSCFA	FREE	FREE
Jan 9-Feb 6	Tue	6-7pm	GSCFA	FREE	FREE
Feb 27-Mar 27 (Christmas Party Dec 19)	Tue	6-7pm	GSCFA	FREE	FREE

Dance Fusion

Connect your fitness routine with your love for dance. This class combines dance movements with unique music, including hip hop, Latin, modern ballet and African Dance. Min: 9 Max: 50

DATES	DAY	TIME	SITE	RES	NON-RES
Oct 19-Dec 7	Thu	6:30-7:30pm	GSCFA	\$21	\$28
Jan 4-Feb 8	Thu	6:30-7:30pm	GSCFA	\$21	\$28
Mar 1-Apr 5	Thu	6:30-7:30pm	GSCFA	\$21	\$28
Oct 7-Nov 18	Sat	9-10am	GSCFA	\$21	\$28
Dec 2-Jan 27	Sat	9-10am	GSCFA	\$21	\$28
Feb 17-Mar 24	Sat	9-10am	GSCFA	\$21	\$28
(No Class Nov 9, Nov 11, Nov 23, Dec 23, Dec 30, Jan 13, Mar 29)					

Dance Party

Check out Dance Fusion and Soul Line Dance before registering for the full session or just come for a great fun workout. Pre-registration is not required. Correct change is appreciated. Max: 50 (1 class)

DATES	DAY	TIME	SITE	RES	NON-RES
Oct 20	Fri	6:30-7:30pm	GSCFA	\$5	\$7
Nov 17	Fri	6:30-7:30pm	GSCFA	\$5	\$7
Dec 15	Fri	6:30-7:30pm	GSCFA	\$5	\$7
Jan 19	Fri	6:30-7:30pm	GSCFA	\$5	\$7
Feb 16	Fri	6:30-7:30pm	GSCFA	\$5	\$7
Mar 16	Fri	6:30-7:30pm	GSCFA	\$5	\$7

Early Bird Boot Camp

Increase your chance for success by working out before your day distracts you. Wake your body up with a combination of strength and cardio training guaranteed to hit every major muscle group. Class meets twice per week. Min: 10 Max: 50 (16 classes)

DATES	DAYS	TIME	SITE	RES	NON-RES
Oct 18-Dec 20	Wed & Fri	5:30-6:30am	GSCFA	\$55	\$75
Jan 10-Mar 2	Wed & Fri	5:30-6:30am	GSCFA	\$55	\$75
Mar 21-May 16	Wed & Fri	5:30-6:30am	GSCFA	\$55	\$75
(No Class Nov 10, Nov 22, Nov 24, Mar 30)					

Hoopng

This fun class strengthens the core, tones abdominal muscles and increases cardiovascular stamina. Hoops provided. Min: 6 Max: 10 (6 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Oct 16-Nov 20	Mon	5:15-5:50pm	GSCFA	\$10	\$13
Jan 22-Feb 26	Mon	5:15-5:50pm	GSCFA	\$10	\$13

Soul/Urban Line Dance

Come out and join us on Monday nights. This is a total body workout using line dancing to get a great cardio workout. No worries, this class is designed for you to have fun and burn calories while learning the latest dances. Min: 10 Max: 50 (6 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Nov 6-Dec 11	Mon	7:05-8pm	GSCFA	\$21	\$28
Jan 8-Feb 19	Mon	7:05-8pm	GSCFA	\$21	\$28
Mar 12-Apr 16	Mon	7:05-8pm	GSCFA	\$21	\$28
(No Class Jan 15)					

Fitness Room Adult Membership

A fitness room is located in the Garner Senior Center Fitness Annex. It is available to members ages 16 & over.

An orientation is required prior to obtaining a membership. Contact Nancy Hulbert at 919.661.6893 or nhulbert@garnernc.gov to schedule an appointment.

Hours: Monday-Thursday, 4-8pm
Resident Rate: \$11/month | **Non-Resident Rate:** \$13/month

Step & Sculpt Daytime

Take your workout to the next level in this more strenuous version of our popular Step class. Please bring a mat to class. Min: 9 Max: 20 (6 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Oct 25-Dec 6	Wed	9:30-10:30am	ASRC	\$11	\$13
Jan 3-Feb 7	Wed	9:30-10:30am	ASRC	\$11	\$13
Feb 28-Apr 4	Wed	9:30-10:30am	ASRC	\$11	\$13
(No Class Nov 22)					

Yoga: Hatha

Enjoy a combination of poses designed to gently stretch and strengthen the body. Each class ends with restorative deep relaxation that renews the body and spirit. Please bring a mat, pillow and blanket to class. Min: 10 Max: 25 (8 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Oct 24-Dec 12	Tue	6:30-7:30pm	GSC	\$56	\$74
Jan 2-Feb 20	Tue	6:30-7:30pm	GSC	\$56	\$74
Mar 13-May 1	Tue	6:30-7:30pm	GSC	\$56	\$74

Yoga: Yin

Gently stretch and mend the connective tissues that form your joints in this mindful, therapeutic form of yoga. All fitness levels are welcome. Please bring a mat to class. Min: 10 Max: 25 (8 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Oct 24-Dec 12	Tue	5-6pm	GSC	\$56	\$74
Jan 2-Feb 20	Tue	5-6pm	GSC	\$56	\$74
Mar 13-May 1	Tue	5-6pm	GSC	\$56	\$74

Yoga in the Park

These beginner classes are held on the Learning Deck at White Deer Park Nature Center, weather permitting. (Otherwise, they are held inside the Nature Center.) Please bring a mat and water bottle to class. Min: 10 Max: 30 (4 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Oct 14-Nov 4	Sat	9-10am	WDPNC	\$30	\$40
Dec 2-Jan 6	Sat	9-10am	WDPNC	\$30	\$40
Feb 3-Feb 24	Sat	9-10am	WDPNC	\$30	\$40
Mar 17-Apr 14	Sat	9-10am	WDPNC	\$30	\$40
(No Class Dec 23, Dec 30, Mar 31)					

Zumba

This dynamic fitness program combines Latin rhythms and easy-to-follow moves into a calorie-burning dance party. Min: 9 Max: 50 (6 classes)

DATES	DAY	TIME	SITE	RES	NON-RES
Oct 16-Nov 20	Mon	6-7pm	GSCFA	\$21	\$28
Jan 22-Mar 5	Mon	6-7pm	GSCFA	\$21	\$28
Mar 26-May 7	Mon	6-7pm	GSCFA	\$21	\$28
Nov 29-Jan 10	Wed	6-7pm	GSCFA	\$21	\$28
Jan 31-Mar 7	Wed	6-7pm	GSCFA	\$21	\$28
Mar 28-May 2	Wed	6-7pm	GSCFA	\$21	\$28
(No Class Dec 27, Feb 19, Apr 30)					

OUTDOOR

Lake Benson Interpretive Tour

Join an educator from White Deer Park Nature Center on this tour of Lake Benson's flora and fauna. Please arrive 20 minutes early to receive safety equipment and instructions. (Please note that no private boats are allowed on Lake Benson.) Pre-registration is required. Min: 6 Max: 12

DATE	DAY	TIME	SITE	RES	NON-RES
Nov 4	Sat	9-10:30am	LBB	\$12	\$16



Full Moon Paddles

Experience the beauty and tranquility of Lake Benson at night. Participants will paddle in a canoe, solo kayak or tandem kayak at their leisure, have access to a telescope to view the moon and enjoy s'mores on the shore. Please arrive 20 minutes early to receive safety equipment and instructions. (Please note that no private boats are allowed on Lake Benson.) Pre-registration is required. Min: 8 Max: 22

DATE	DAY	TIME	SITE	RES	NON-RES
Nov 4	Sat	6-8pm	LBB	\$12	\$16
Mar 1	Thu	6-8pm	LBB	\$12	\$16

NC Hunter Education

This 6-hour course is required for all first-time hunting license buyers in North Carolina. For more information, including how to register, call NC Wildlife at 919.707.0031 or visit them online at www.ncwildlife.org.

DATES	DAYS	TIME	SITE	FEE
Nov 13 & 14	Mon & Tue	6-9pm	WDPNC	Contact NC Wildlife

Citizen Science Sampler

Learn how you can help White Deer Park Nature Center collect data that will contribute to scientific knowledge on a larger scale. This series introduces a different citizen science project at each session. After a brief presentation, we will take our new skills out into the field to practice. The only prerequisite for participation is an appreciation of the outdoors. We'll teach the rest! Pre-registration is encouraged but not required.

FrogWatch USA (Please bring a flashlight.)

DATE	DAY	TIME	SITE	RES	NON-RES
Jan 23	Tue	6-7pm	WDPNC	FREE	FREE

Project BudBurst

DATE	DAY	TIME	SITE	RES	NON-RES
Feb 20	Tue	6-7pm	WDPNC	FREE	FREE

eBird

DATE	DAY	TIME	SITE	RES	NON-RES
Mar 20	Tue	6-7pm	WDPNC	FREE	FREE

Caterpillars Count

DATE	DAY	TIME	SITE	RES	NON-RES
Apr 24	Tue	6-7pm	WDPNC	FREE	FREE

SENIOR PROGRAMS

Unless otherwise indicated, Senior programs are for adults ages 55 & up.



SENIOR SITE KEY

GSC Garner Senior Center
GSCFA Garner Senior Center Fitness Annex

RES Resident Rate
NON-RES Non-Resident Rate



ART

Open Art Studio

Bring your painting supplies and use our space to create and share with other artists. Min: 5 Max: 100

DATES	DAY	TIME	SITE	RES	NON-RES
Oct-Mar	Thu	5-8pm	GSC	FREE	FREE

Open Art Studio

Learn painting for the first time or brush up on your skills as an accomplished artist. Studio instruction is available on a week to week basis. You may start at any time and can pick up a supply list at the Senior Center front desk. Min: 3 Max: 15

DATES	DAY	TIME	SITE	RES	NON-RES
Oct-Mar	Fri	10am-1pm	GSC	\$10	\$13

EDUCATION

Garner Senior Center partners with community organizations to offer free educational programs. Contact the Center at 919.779.0122 for more information about scheduling.

Basic Computer Classes

Triangle Literacy Council offers 4-week sessions that cover the basic uses of a personal computer, word processing, internet, e-mail and use of social media. Classes are scheduled based on instructor availability and are free of charge.

Technology Tutoring

Learn how to make the best use of your smart phone, tablet and other gadgets. These free bi weekly sessions are provided by students from Southeast Raleigh Magnet High School who are pursuing information technology studies as a career. Check at front desk for dates and to register.

Conversational Spanish II

Develop additional conversational and reading strategies through group discussions, dialogues, oral presentation and role playing. Emphasis is on practical language, idiomatic expressions and cultural context. The focus of this course is exploring content from the second half of the Vistas text, with a chance to practice through various communication methods. This program is FREE. Sign up at the front desk. Attending the first class is mandatory. Sponsored by Wake Tech.

DATES	DAY	TIME	SITE	RES	NON-RES
Oct 10-Dec 5	Tue	9-11am	GSC	FREE	FREE

Keep up to date with all the latest Adult and Senior Programming by "liking" the Garner Senior Center Facebook page.



GarnerNC.gov

Conversational Spanish

Designed for students with some prior knowledge of Spanish, this course will help you develop conversational and reading strategies. The course includes group readings, discussions, dialogues, oral presentations and role playing. Emphasis is on practical every day language, idiomatic expressions and cultural content; with weekly reviews of grammar and vocabulary and homework assignments for extra practice and preparation for presentations. This program is FREE. Sign up at the front desk. Attending the first class is mandatory. Sponsored by Wake Tech.

DATE	DAY	TIME	SITE	RES	NON-RES
Jan 16-Mar 6	Tue	9-11am	GSC	FREE	FREE

History Seen Through Art

History Through Art examines how much of what we know of history comes to us through images and artifacts rather than words. In some cases image and text combine to enhance the story, in others they confuse or mislead. This series presents an introduction to the concept, Healing Arts, Agriculture and Food, Industry and Manufacture and Lifestyles and Living. Please pre-register at the front desk. Attending the first class is mandatory. Sponsored by Wake Tech.

DATE	DAY	TIME	SITE	RES	NON-RES
Jan 25-Feb 22	Thu	10am-12pm	GSC	FREE	FREE

Lewis & Clark

Lewis & Clark looks at the Corps of Discovery journey to the Pacific, the men who led the expedition and some of its other members, as well as the backgrounds of both leaders which contributed to the character of the voyage, the discoveries and the aftermath of the expedition. Please pre-register at the front desk. Attending the first class is mandatory. Sponsored by Wake Tech.

DATE	DAY	TIME	SITE	RES	NON-RES
Mar 8-Mar 15	Thu	10am-12pm	GSC	FREE	FREE

FITNESS

Fitness Room Senior Membership

A fitness room is located in the Garner Senior Center Fitness Annex. It is available to members ages 16 & over.

To be eligible for a senior membership, you must be 55 or over and a member of the Garner Senior Center. An orientation is required prior to obtaining a membership. Contact Nancy Hulbert at 919.661.6893 or nhulbert@garnernc.gov to schedule an appointment.

Hours: Mondays-Thursdays 8am-8pm & Fridays 8am-5pm

Resident Rate: \$11/month | **Non-Resident Rate:** \$13/month

Fitness Pass



Purchase an annual pass to participate in senior fitness classes and programs. Enjoy up to 17 activities offered each week. Pricing information and included programs are listed on page 29.

Line Dance Workshops

Review the basic steps and terminology used in line dancing. Min: 10 Max: 50

DATES	DAY	TIME	SITE	RES	NON-RES
Oct-Mar	1st & 3rd Mon	11:30am-12pm	GSCFA	FREE	FREE

Nancy's Nature Walks

Enjoy the parks that this beautiful state has to offer. Work on balance, walking techniques, endurance and muscular strength with a supervised walk. You must be able to walk at least 1.5 miles. Proper footwear and a water bottle are required. Min: 6 Max: 14

The Ann and Jim Goodnight Museum Park

The North Carolina Museum of Art (NCMA) Park's trail system leads visitors through natural areas and to commissioned works of art. Designed for hiking, walking, and jogging only, the unpaved natural trails allow visitors to deeply experience art and nature.

DATE	DAY	TIME	SITE	RES	NON-RES
Oct 27	Fri	9am-12pm	GSC	\$5	\$7

JC Raulston Arboretum

The JC Raulston Arboretum is a nationally acclaimed garden with one of the largest and most diverse collections of landscape plants adapted for landscape use in the Southeast.

DATE	DAY	TIME	SITE	RES	NON-RES
Mar 23	Fri	9am-12pm	GSC	\$5	\$7

S.A.I.L. (Stay Active and Independent for Life!)

Specifically designed to help maintain and improve your strength, balance and mobility while decreasing your risk for falls. Includes pre and post fitness assessments, 1 hour of exercise (warm up, aerobic, resistance and stretch), a copy of Stay Active and Independent for Life: an Information Guide for Adults 65+. Instructor: Jerusha Allen, PT, DPT and owner of Optimum Mobile Rehab. See Nancy to register. Min: 6 Max: 12

AGES	DATES	DAY	TIME	SITE	RES	NON-RES
65+	Oct 5-Nov 9	Thu	2-3pm	GSCFA	FREE	FREE
65+	Jan 18-Feb 22	Thu	2-3pm	GSCFA	FREE	FREE
65+	Mar 15-Apr 19	Thu	2-3pm	GSCFA	FREE	FREE

Tai Chi Chih



A series of 19 movements and one pose that together make up a meditative form of movement to which practitioners attribute physical, personal and spiritual health benefits. Min: 10 Max: 20

DATES	DAY	TIME	SITE	RES	NON-RES
Nov 7-Dec 12	Tue	11am-12pm	GSCFA	\$15	\$20
Jan 2-Feb 6	Tue	11am-12pm	GSCFA	\$15	\$20
Feb 27-Apr 3	Tue	11am-12pm	GSCFA	\$15	\$20

TOPS



Take Off Pounds Sensibly (TOPS) is a nonprofit organization offering a healthy, caring and supportive approach to weight control since 1948. Weigh-ins are conducted first; meetings begin half an hour later.

DATES	DAY	TIME	SITE	RES	NON-RES
Oct-Mar	Fri	1:30-3pm	GSC	Fee set by TOPS	

HEALTH & WELLNESS



Resources
FOR SENIORS

For programs requiring pre-registration, sign up in person at Garner Senior Center or over the phone by calling 919.779.0122.

Blood Pressure Screening

Know your numbers and be prepared for your next doctor's appointment by having your blood pressure measured and recorded. Co-sponsored by The Laurels of Forest Glenn and RFS.

DATES	DAYS	TIME	SITE	RES	NON-RES
Oct-Mar	1st & 3rd Wed	10:10am	GSC	FREE	FREE

Diabetes Support Group

Managing diabetes is a lifestyle. Join others who are embracing this challenge and share ideas for enhancing your life every day. Co-sponsored by Kroger Pharmacy.

DATES	DAY	TIME	SITE	RES	NON-RES
Oct-Mar	2nd Tue	10:10am	GSC	FREE	FREE

Heart Connection Group

These sessions are designed to educate, support and encourage individuals who provide hands on care to a loved one. Co-sponsored by Heartland Hospice.

DATES	DAY	TIME	SITE	RES	NON-RES
Oct-Mar	4th Mon	10:10am	GSC	FREE	FREE

Health Topic: 'NOGGIN JOGGIN'

Brain training that targets memory, attention and focus may lead to better recollection, faster reaction time and an overall sharper mind. Our 'Noggin Joggin' brain games aim to stave off dementia, strengthen critical thinking skills and promote brain health. Join us monthly in a variety of brain stimulation activities to keep our brains active. Presented by Homewatch Caregiving.

DATES	DAY	TIME	SITE	RES	NON-RES
Oct-Apr	1st Tues	10:10am	GSC	FREE	FREE

SHIIP Counseling

Senior Health Insurance Information Program. We will help you understand your options. One-on-one counseling sessions. Please call RFS at 919.661.6894 for an appointment.

DATES	DAYS	TIME	SITE	RES	NON-RES
Oct-Mar	1st & 3rd Wed	1:30-4:30pm	GSC	FREE	FREE
Oct-Mar	2nd & 4th Wed	2-5pm	GSC	FREE	FREE

Working Through Your Grief

These sessions are designed to support individuals who have experienced the loss of a loved one. An appointment is required. Co-sponsored by Heartland Hospice.

DATES	DAY	TIME	SITE	RES	NON-RES
Oct-Mar	2nd Mon	10:10am	GSC	FREE	FREE

Annual Flu Shots

Make getting a flu shot convenient by getting it done at the Garner Senior Center. Pre-registration is required, contact the Resources for Senior Service Coordinator at 919.661.6894. Most insurances are accepted including Medicare. Registration begins Friday, September 1. Presented by Knightdale Pharmacy.

DATE	DAY	TIME	SITE	RES	NON-RES
Oct 12	Thu	10am-12pm	GSC	FREE	FREE

LEGAL: Important Documents Everyone Should Have

Learn the core documents that make up the foundation of a good estate plan-you need more than a will! Presented by Carolina Estate Counsel.

DATE	DAY	TIME	SITE	RES	NON-RES
Oct 11	Wed	10:10am	GSC	FREE	FREE

LEGAL: Understanding Beneficiary Designations

There are many ways to pass on an inheritance other than a will or trust. Find out about inheritance-related issues when it comes to insurance, 401(k) and IRA plans, as well as bank accounts with beneficiary designations, 'in trust for' or 'payable on death (POD)' designations. Presented by Carolina Estate Counsel.

DATE	DAY	TIME	SITE	RES	NON-RES
Nov 8	Wed	10:10am	GSC	FREE	FREE

AARP'S Drivers Safety

Tune up your driving skills and update your knowledge of the rules on the road. This certificate may lower your car insurance premium. Pre-registration is required. Presented by AARP.

DATE	DAYS	TIME	SITE	MEMBER	NON-MEMBER
Nov 14	Tue	9am-1pm	GSC	\$15	\$20 (Paid to AARP)
Jan 3	Wed	9am-1pm	GSC	\$15	\$20 (Paid to AARP)

Holiday Fire Prevention

A fire is tragic any time of the year. Winter fires can be serious and deadly. Learn more about fire prevention. Presented by Garner Fire Rescue.

DATE	DAY	TIME	SITE	RES	NON-RES
Nov 17	Fri	10:10am	GSC	FREE	FREE

Pharmacist on Call Just For You

Have you ever wanted to have a one-on-one conversation with a pharmacist? Now is the time to sit down and discuss your prescription drugs and how they interact. Presented by Knightdale Pharmacy.

DATE	DAY	TIME	SITE	RES	NON-RES
Dec 13	Wed	10am-12pm	GSC	FREE	FREE

LEGAL: Understanding Veteran's Aid and Assistance Benefits

A veteran's benefit pays between \$1,000 and \$2,000 per month tax-free toward the cost of long-term care, including skilled nursing, assisted living and in-home professional care. War-time veterans should learn how to qualify and how to use the benefit. Presented by Carolina Estate Counsel.

DATE	DAY	TIME	SITE	RES	NON-RES
Jan 24	Wed	10:10am	GSC	FREE	FREE

Maintaining Healthy Relationships

Learn how to maintain healthy relationships throughout your lifetime. Is there someone you want to reconnect with? Pre-registration is required. Presented by Silver Linings.

DATE	DAY	TIME	SITE	RES	NON-RES
Feb 14	Wed	10:10am	GSC	FREE	FREE

Legal Aid Clinic

A lawyer from Legal Aid will be here for individual consultation at 30-minute intervals. You must be a resident of Wake or Johnston county to be eligible. Proof of income for eligibility may be required in 2018. Pre-registration is required. Presented by Legal Aid of NC.

DATE	DAY	TIME	SITE	RES	NON-RES
Mar 16	Fri	10am-12pm	GSC	FREE	FREE



We serve 1,300 noontime meals every weekday to the elderly, homebound and persons with disabilities of Wake County. Our outreach consists of hot meals to homebound individuals, communal dining for seniors in congregate dining rooms, and frozen meal service for dialysis patients and other homebound individuals in isolated areas. Over 2,200 volunteers help us deliver meals Monday through Friday each week.

For more information contact
Pat Rooks, Director 919.772.5057

SPECIAL EVENTS

Honoring Veterans Week: Care Packages for Disabled Veterans

The Garner Senior Center has joined the American Legion again to make shoe boxes to be distributed during the holidays. Items will be collected during the month of October and be assembled and wrapped in November during Veterans week. Recommended items for the shoe boxes include the following: toothpaste, toothbrushes, deodorant, hand lotion, hand sanitizer, shaving cream, lip balm and shampoo. Our goal is to distribute these gifts to 400 disabled veterans. If you would like to help, please drop off items in the front lobby by the display during the month of October.



Volunteer Orientation

Sponsored by the Center for Volunteer Caregiving

Local senior adults with disabilities and their family caregivers are waiting for assistance with simple, everyday tasks. Flexible volunteering opportunities are available. Needs located everywhere in Wake County. Provide friendly visits, transportation, help with light housekeeping or grocery shopping. Please register at the front desk 919.779-0122 or for more information call 919.460.0567 or email volunteer@ctrvolcare.org.

DATE	DAY	TIME	SITE	RES	NON-RES
Oct 24	Tue	1-3pm	GSC	FREE	FREE

On The Mend Holiday Craft Sale

It is time for holiday shopping, benefitting a great group of volunteers. "On the Mend" is a volunteer group that works all year sending thousands of handmade sewn, knitted or crocheted items out into the community. To purchase materials needed throughout the year, the volunteers make items and sell them at the holiday sale. No item is priced over \$30. Bags, pillows, quilts, dishcloths, dolls, aprons, etc. There is something for everyone on your list.

DATE	DAY	TIME	SITE	RES	NON-RES
Nov 4	Sat	9am-3:30pm	GSC	FREE	FREE

Thanksgiving Feast

Celebrate Thanksgiving with your friends! Food and entertainment will be provided by our event sponsor, Miss Garner Pageant Association. Please register at the front desk and plan to bring an unwrapped toy for "Toys for Troops." Registration deadline is Thursday, November 9. Max: 100

DATE	DAY	TIME	SITE	RES	NON-RES
Nov 18	Sat	11am-2pm	GSC	FREE	FREE

TRIPS



Attention Seniors! We are looking for Seniors to march in the **Christmas Parade** and represent the Garner Senior Center. Must be able to walk 2 miles! Please sign up at the front desk of the Garner Senior Center. For more information contact Nancy at 919.661.6893.

DATE	DAY	TIME	SITE	RES	NON-RES
Dec 2	Sat	1pm	GPAC	FREE	FREE

Holiday Luncheon and Dance Party

Pure Platinum Motorcycle and Social Club of Raleigh will be hosting our Holiday Luncheon. There will be homecooked food, entertainment, a DJ and lots of holiday spirit. Registration deadline is Decmber 8. Max: 100

DATE	DAY	TIME	SITE	RES	NON-RES
Dec 16	Sat	11am-4pm	GSC	FREE	FREE

Potluck Dinners

Bring a main dish or side dish to share and enjoy a meal with new friends. Potluck meals are a great way to show new family recipes or secrets. Please preregister at the front desk.

DATES	DAY	TIME	SITE	RES	NON-RES
Jan 18	Thu	5-6pm	GSC	FREE	FREE
Feb 15	Thu	5-6pm	GSC	FREE	FREE
Mar 15	Thu	5-6pm	GSC	FREE	FREE

Black History Month Celebration

Join us at the Garner Senior Center for Mayor Ronnie William's proclamation and special entertainment from the world-renowned gospel group The Branchettes, along with Michael Spivey and a dance performance by "The Gifted Arts."

DATE	DAY	TIME	SITE	RES	NON-RES
Feb 7	Wed	10am	GSC	FREE	FREE

NC State Fair: Senior Day

Spend a leisurely day at the North Carolina State Fair. Admission to the fair is free all week for adults 65 years and older. Gate admission for all others is \$8. Min: 6 Max: 27

DATE	DAY	TIME	SITE	RES	NON-RES
Oct 17	Tue	8:30am-2:30pm	GSC	\$5	\$7

32nd Annual International Festival

Discover the World in Raleigh. Bringing together over 65 cultures under one roof. There will be vendors, entertainment and great food. Min: 10 Max: 14

DATE	DAY	TIME	SITE	RES	NON-RES
Oct 20	Fri	4-9:30pm	GSC	\$5	\$7

NC Farmers Market: "Colossal Collard Day"

Get what you need for Thanksgiving dinner fresh from the NC Farmer's Market. Everything at the market is raised by NC farmers or handmade by local artisans. Enjoy lunch, on your own, at the NC Seafood Market or the Farmer's Market Restaurant. Min: 6 Max: 14

DATE	DAY	TIME	SITE	RES	NON-RES
Nov 17	Fri	10am-2pm	GSC	\$5	\$7

Holiday Shopping Trip: Smithfield Outlets

Enjoy shopping at the Carolina Premium Outlet stores in Smithfield, NC and get ready for the holidays. We will stop for lunch at Fred Chason's Grandsons Buffet, on your own. Min: 8 Max: 14

DATE	DAY	TIME	SITE	RES	NON-RES
Dec 1	Fri	9:30am-3pm	GSC	\$8	\$10

Holiday Light Show/Shop/Dinner

Share the excitement as Park West Village hosts Winter Wonderland. Enjoy two real snow sledding hills, a train ride, live music and story time with Santa. A synchronized light show including dancing snowmen, falling snow and Santa, is the highlight of the event. Enjoy two hours on your own to do any of the above or shop and eat. Min: 8 Max: 14

DATE	DAY	TIME	SITE	RES	NON-RES
Dec 15	Fri	4-8pm	GSC	\$8	\$10

Garner Senior Center offers fitness, arts, education and leisure programming for adults 55 and up.

Hours of Operation:

Monday-Thursday: 8am-8pm | Friday: 8am-5pm

Front Desk: 919.779.0122

Meals on Wheels: 919.772.5057

Resources for Seniors: 919.661.6894

Visit GarnerNC.gov for the most accurate program schedules.

Garner Senior Center Ongoing Programs

For class descriptions or more information call the Senior Center at 919.779.0122.

Senior Fitness Pass: July 1 - December 31, 2017

Resident: \$10 Non-Resident: \$18

January 1 - December 31, 2018

Resident: \$20 Non-Resident: \$35



Programs included in the "Senior Fitness Pass" are marked below with ♦. Please inquire at the front desk for more information.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 Indoor Walking 9:00 Tennis (off site) 9:00 Intro to Pickleball (free) ♦ 9:30 Chair Fitness (video) 10:00 On the Mend 10:30 Beginner Line Dance ♦ 11:30 Line Dance Workshop (free) (1st & 3rd Mon beginning in Oct) ♦ 12:00 Turtle Walking 12:00 Bowling (off site) 12:30 Pinochle 1:00 Scrabble 1:00 Table Tennis (non competitive) ♦ 2:00 Indoor Walking 4:15 Senior Yoga (bring a mat) ♦ 8:00 Center Closes	8:00 Indoor Walking TBA Fun Golfers (off site) 9:30 Senior Fitness ♦ 9:30 Color Me Calm 10:00 On the Mend 12:30 Bridge 12:30 Card Games 12:30 Indoor Walking 1:00 Chess Lessons 1:30 Pickleball (competitive) ♦ 3:30 Pickleball (non competitive) ♦ 8:00 Center Closes	8:00 Indoor Walking 9:00 Table Games 9:00 Table Tennis (non competitive) ♦ 9:30 Chair Fitness (video) 10:00 Blood Pressure Check (1st and 3rd Wed) 10:45 Book Club (3rd Wed) 11:00 Soul Line Dancing ♦ 12:00 Turtle Walking 12:00 Woodcarving 12:15 Chorus 1:00 Dominos 1:00 Senior Circuit 1:30 Canasta 1:30 Bingo 2:30 Indoor Walking 3:30 Basketball ♦ 4:45 Beginner Senior Yoga (bring a mat) ♦ 8:00 Center Closes	8:00 Indoor Walking 9:00 Tennis (off site) 9:30 Senior Fitness ♦ 10:00 Simply Music 10:30 Stability Ball (bring a mat) ♦ 12:00 International Folk Dancing 12:00 Beg. Bridge Lessons (signup at front desk) 12:00 Bowling (off site) 12:30 Card & Board Games 1:00 Indoor Walking 1:00 Movie Matinee (1st Thurs) 1:30 Int. Bridge Lessons 5:00 Open Art Studio 5:00 Games & Cards 8:00 Center Closes	8:00 Indoor Walking 9:00 Table Tennis (competitive) ♦ 9:30 Chair Fitness (video) 10:00 Needlework 10:00 Meditation 10:00 Painting with Acrylics 10:15 Pickleball (non competitive) ♦ 11:45 Stretch & Flex ♦ 12:30 Bridge 12:30 Wii 12:45 Beginner Table Tennis (free) ♦ 1:00 Hand & Foot (cards) 1:30 Pickleball (competitive) ♦ 1:30 TOPS Weigh In 2:00 TOPS Meeting 5:00 Center Closes *Schedule subject to change.

Senior Fitness Pass does not include access to the fitness room. Please visit page 25 for pricing and info.

PARKS & FACILITIES



Parks & Facilities At-A-Glance

Garner Parks, Recreation and Cultural Resources manages 12 parks totaling more than 475 acres. These parks feature open space, athletic courts and fields, picnic shelters, playgrounds, walking trails and more.

The department also operates four indoor facilities, where fun, affordable programming and events are held throughout the year.

Several of our parks feature picnic shelters, athletic fields and/or indoor areas which may be reserved for a fee. Learn more about the amenities that can be found in Garner parks and facilities in this section.

Amenities Key



Baseball Field(s)



Mountain Bike Trail



Basketball Court(s)



Multipurpose Field(s)



Boat Rental



Picnic Shelter(s)



Dog Park



Playground Access



Fishing



Restrooms



Grill(s)



Soccer Field(s)



Kitchen



Tennis Court(s)



Meeting Room(s)



Walking Trail Access

Shelter Rentals

Visit GarnerNC.gov to reserve shelters online or call 919.661.6982 for more information.



Avery Street Recreation Center & Annex

125 Avery Street



The Recreation Center features a gymnasium with a wood floor surrounded by two multipurpose rooms. The Annex consists of three spacious classrooms and bathrooms. Classrooms have tables and chairs for adults and children. The Avery Street Park playground is situated between the Recreation Center and the Annex. For more information, including rates and availability, call 919.890.7301.

Centennial Park

1015 New Bethel Church Road



This beautiful 10-acre park features a large, flat space that can be configured to a variety of soccer field sizes, a picnic shelter that can seat up to 64 people and .36 miles of paved walking trails. Visit GarnerNC.gov to check rates and availability for the picnic shelter. For more information about renting the soccer field when it is not in use for practices or games, call 919.890.7301.



Creech Road Elementary School Park

400 Creech Road



Located adjacent to Creech Road Elementary School, this 17-acre park features a lighted softball field, a multipurpose field, a walking trail and a picnic shelter that can seat up to 50 people. Tennis courts are located just south of the park at 190 Creech Road. Visit GarnerNC.gov to check rates and availability for the picnic shelter. For more information about renting the ballfield when it is not in use for practices or games, call 919.890.7301.



Garner Performing Arts Center

742 West Garner Road



With 471 seats, the Garner Performing Arts Center adapts well to a variety of uses. The GPAC contains an expansive backstage area, cushioned seating, fly space and rails, separate dressing rooms with restrooms, a green room and a loading dock. The front and backstage lobbies are available for smaller gatherings. For more information, including rates and availability, call 919.661.6988.

Garner Recreational Park

221 East Garner Road



Located in the Downtown Garner Historic District, this 20-acre park features a new picnic shelter, two lighted ballfields, a concessions stand, a playground, 2.25 miles of mountain biking trails and is home to North Garner Dog Park. For more information about renting the ballfields when they are not in use for practices or games, call 919.890.7301. Visit GarnerNC.gov to check rates and availability for the picnic shelter.



Garner Senior Center

205 East Garner Road



Great for larger events like family reunions and church functions, Garner Senior Center's multipurpose room can hold up to 150 people. This space is available weekends and some evenings when not in use by the Parks, Recreation and Cultural Resources Department. For more information, including rates and availability, call 919.779.0122.



Greenbrier Park

613 Winterlochen Drive



This 3-acre neighborhood park is located in Greenbrier Estates. Amenities include a picnic shelter that seats up to 20 people, two playgrounds and a tennis court. The picnic shelter is available on a first-come, first-served basis at no cost.

Jaycee Park

1300 Vandora Springs Road



This 4-acre neighborhood park is located in the Forest Hills subdivision behind Vandora Springs Elementary School. The park has a picnic shelter that seats up to 15 people and play equipment. The picnic shelter is available on a first-come, first-served basis at no cost.



Lake Benson Park

921 Buffalo Road



Most of this 64-acre park is comprised of open space, which can accommodate a variety of activities, including several of the Town's special events. The park also contains the Garner Veterans Memorial, a dog park (with play areas for large and small dogs), two playgrounds, 1.8 miles of walking trails, one picnic shelter that can seat up to 150 people, one that can seat up to 50 people and two that can seat up to 20 people. Visit GarnerNC.gov to check rates and availability for picnic shelters.



Lake Benson Boathouse

975 Buffalo Road



The Boathouse is located just down the road from Lake Benson Park. Jon boats (with or without trolling motor and battery), canoes and kayaks are available to rent. (No personal watercraft are allowed on the 364-acre lake.) There is no charge to fish from the pier. The Boathouse is open weekends mid-March through late October. For more information, including hours of operation and rates, call 919.662.5703.

Rand Mill Park

508 Rand Mill Road



This 13-acre neighborhood park has an unlighted ballfield, a basketball court, a picnic shelter that seats up to 20 people and play equipment. The picnic shelter is available on a first-come, first-served basis at no cost. For more information about renting the ballfield when it is not in use for practices or games, call 919.890.7301.



South Garner Park

1210 Poole Road



Located in the Heather Hills neighborhood, this 15-acre park has three lighted softball fields, a multipurpose field, a concessions stand, a large playground, tennis courts and .44 miles of walking trail. For more information about renting the athletic fields when they are not in use for practices or games, call 919.890.7301.



Thompson Road Park

550 Thompson Road



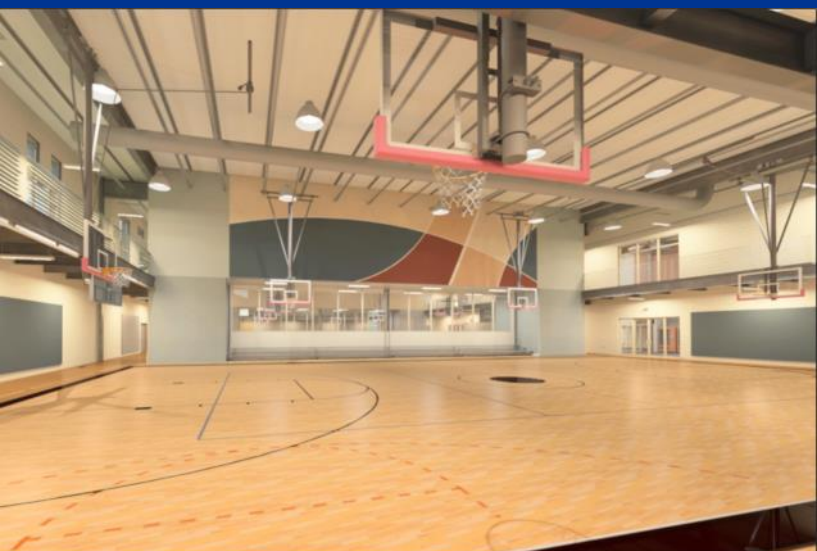
This 12-acre park boasts two large multipurpose fields, which provide an ideal space for soccer, football and other activities. For more information about renting the multipurpose fields when they are not in use for practices or games, call 919.890.7301.

White Deer Park & Nature Center

2400 Aversboro Road



At 96 acres, White Deer Park is the largest in Garner. The park features open space, five shelters that seat up to 50 people, two playgrounds, 2 miles of paved trails and a 2,500-square-foot Nature Center. Visit GarnerNC.gov to check rates and availability for the picnic shelters. The Nature Center classroom and deck are available to rent when not in use by the Parks, Recreation and Cultural Resources Department. For more information, including rates and availability, call 919.661.6982.



And Coming Soon...

Garner Recreation Center

This 40,000-square-foot facility will have three basketball courts, an elevated walking track, three multipurpose rooms, a family restroom, shower facilities, an outdoor walking trail and a multi-purpose field. The facility is being built with money donated by ConAgra, John Rex Endowment grant money, Parks and Recreation Trust Fund grant money and bond money approved by voters in 2013. The new recreation center will be located at the corner of Main and Montague Streets and is tentatively scheduled to be completed in summer 2018.

**PARKS, RECREATION AND
CULTURAL RESOURCES DEPARTMENT**

209 East Garner Road
Garner, NC 27529



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with Garner Parks, Recreation and Cultural Resources

September

Big Sweep/Litter Sweep*

White Deer Park
9/16 9am

Carnaval Latino*

Garner Performing Arts Center
Back Lawn
9/17 1pm

October

Outdoor Movie Night

Ghostbusters (PG-13)*
Garner Performing Arts Center
Back Lawn
10/5 7pm

Trick-or-Eat Food Truck Rodeo*

Main Street, Downtown Garner
10/22 12pm

Trick-or-Treat the Trails*

White Deer Park
10/31 3pm

November

Miss Garner Pageant

Garner Performing Arts Center
11/4 7pm

Veterans Day Observance*

Aversboro Road Baptist Church
11/11 11am

Broadway Voices-David Burnham

Garner Performing Arts Center
11/18 7:30pm

December

Light Up Main*

Main Street, Downtown Garner
12/1 6pm

Christmas Parade*

Garner Road and Main Street,
Downtown Garner
12/2 2pm

February

Groundhog Day*

White Deer Park
2/2 10am

Black History Month Celebration*

Garner Senior Center
2/7 10am

Garner Showcase of Talent*

Garner Performing Arts Center
2/24 2 & 7pm

March

Spring Eggstravaganza*

Lake Benson Park
3/24 10am

*denotes free event